



# The Camford International School

## ANNUAL LESSON PLAN 2023-2024

GRADE: XI

SUBJECT: PSYCHOLOGY (037)

MONTH	CHAPTER NO. AND NAME	DETAIL CONCEPTS TO BE COVERED	PRACTICALS
APRIL [14]	Chapter -1 What is Psychology	<b>What is Psychology?</b> 1. Introduction 2. What is Psychology? <ul style="list-style-type: none"><li>● Psychology as a Discipline</li><li>● Psychology as a Natural Science</li><li>● Psychology as a Social Science</li></ul> 3. Understanding Mind and Behaviour 4. Popular Notions about the Discipline of Psychology	
MAY [8]	Chapter -1 What is Psychology	5. Evolution of Psychology 6. Development of Psychology in India 7. Branches of Psychology 8. Psychology and Other Disciplines 9. Psychology in Everyday Life	
JUNE [23]		<b>Methods of Enquiry in Psychology</b> 1. Introduction 2. Goals of Psychological Enquiry <ul style="list-style-type: none"><li>● Steps in Conducting Scientific Research</li><li>● Alternative Paradigms of Research</li></ul>	<b>To administer and interpret psychological tests related to personality.</b> -

	<p><b>Chapter -2 Methods of Enquiry in Psychology</b></p>	<p>3. Nature of Psychological Data</p> <p>4. Some Important Methods in Psychology</p> <ul style="list-style-type: none"> <li>● Observational Method</li> <li>● Experimental Method</li> <li>● Correlational Research</li> <li>● Survey Research</li> <li>● Psychological Testing</li> <li>● Case Study</li> </ul> <p>5. Analysis of Data</p> <ul style="list-style-type: none"> <li>● Quantitative Methods</li> <li>● Qualitative Method</li> </ul> <p>6. Limitations of Psychological Enquiry</p> <p>7. Ethical Issues</p>	
<p><b>JULY [24]</b></p>	<p><b>Chapter -4 Human Development</b></p>	<p><b>Human Development</b></p> <p>1. Introduction</p> <p>2. Meaning of Development</p> <ul style="list-style-type: none"> <li>● Life-Span Perspective on Development</li> </ul> <p>3. Factors Influencing Development</p> <p>4. Context of Development</p> <p>5. Overview of Developmental Stages</p> <ul style="list-style-type: none"> <li>● Prenatal Stage</li> <li>● Infancy</li> <li>● Childhood</li> <li>● Challenges of Adolescence</li> <li>● Adulthood and Old Age</li> </ul>	<p><b>To administer and interpret psychological tests related to attitude</b></p>

<p style="text-align: center;"><b>AUGUST</b> <b>[23]</b></p>	<p style="text-align: center;"><b>Chapter -5</b> <b>Sensory,</b> <b>Attitude and</b> <b>Perceptual</b> <b>Process</b></p> <p style="text-align: center;"><b>Chapter -6</b> <b>Learning</b></p>	<p><b>Sensory, Attentional and Perceptual Processes</b></p> <ol style="list-style-type: none"> <li>1. Introduction</li> <li>2. Knowing the world</li> <li>3. Nature and varieties of Stimulus</li> <li>4. Sense Modalities <ul style="list-style-type: none"> <li>• Functional limitation of sense organs</li> </ul> </li> <li>5. Attentional Processes <ul style="list-style-type: none"> <li>• Selective Attention</li> <li>• Sustained Attention</li> </ul> </li> <li>6. Perceptual Processes <ul style="list-style-type: none"> <li>• Processing Approaches in Perception</li> </ul> </li> <li>7. The Perceiver</li> <li>8. Principles of Perceptual Organisation</li> <li>9. Perception of Space, Depth and Distance <ul style="list-style-type: none"> <li>• Monocular Cues and Binocular cues</li> </ul> </li> <li>10. Perceptual Constancies</li> <li>11. Illusions</li> <li>12. Socio-Cultural Influences on Perception</li> </ol> <p><b>Learning</b></p> <ol style="list-style-type: none"> <li>1. Introduction</li> <li>2. Nature of Learning</li> <li>3. Paradigms of Learning</li> <li>4. Classical Conditioning <ul style="list-style-type: none"> <li>• Determinants of Classical Conditioning</li> </ul> </li> <li>5. Operant/Instrumental Conditioning <ul style="list-style-type: none"> <li>• Determinants of Operant Conditioning</li> </ul> </li> </ol>	<p style="text-align: center;">-</p>
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<p><b>SEPTEMBER</b> [20]</p>	<p><b>Chapter -6 Learning</b></p> <p><b>Chapter -7 Human Memory</b></p>	<p>6. Observational Learning</p> <p>7. Cognitive Learning</p> <p>8. Verbal Learning</p> <p>9. Skill Learning</p> <p>10. Factors Facilitating Learning</p> <p>11. Learning Disabilities</p> <p><b>Human Memory</b></p> <p>1. Introduction</p> <p>2. Nature of Memory</p> <p>3. Information Processing Approach: The Stage Model</p> <p>4. Memory Systems: Sensory, Short-term and Long-term Memories</p> <p>5. Levels of Processing</p> <p>6. Types of Long-term Memory</p> <ul style="list-style-type: none"> <li>• Declarative and Procedural; Episodic and Semantic</li> </ul> <p>7. Nature and Causes of Forgetting</p> <ul style="list-style-type: none"> <li>• Forgetting due to Trace Decay, Interference and Retrieval Failure</li> </ul> <p>8. Enhancing Memory</p> <ul style="list-style-type: none"> <li>• Mnemonics using Images and Organization</li> </ul>	<p><b>Project using different methods of enquiry and related skills.</b></p>

